



*Founded on 14 July 2000 in ACT  
Incorporated in NSW on 16<sup>th</sup> January 2014 1400033*

# 2018 AGM Minutes

**DATE:** January 17 2018      **TIME:** 3.30pm

**VENUE:** International House, Parkville, Melbourne

## **2017 APA Officer Bearers and Committee Members**

**President:** Patricia Shepherd

**Vice President:** Jeanni Monks

**Secretary:** Christine Rothwell

**Treasurer:** Narelle Duncan

### **Committee Members:**

Julie Day  
Sagari Menefy  
Anne Button

### **1.0 OPENING:**

Special welcome to new member Fay Reynolds, our two new associate members – Charyn McLean and Pauline Hepburn – as well as 4 observers.

### **2.0 ROLL CALL:**

#### **Present:**

Glennys Lawton  
Anita Ings  
Sylvia Wilson  
Anne Button  
Patricia Shepherd

Jeanni Monks  
Christine Rothwell  
Margie Crocker  
Kerry Galea  
Fay Reynolds  
Sagari Menefy  
Christine Thomas  
Michele Finey  
Valeria Metter  
Charyn McLean [Associate Member]  
Pauline Hepburn [Associate Member]  
**[14 full members with voting rights]**

### **Apologies**

Narelle Duncan  
Sheila Stokes  
Julie Day  
Cyndi Walls  
Russell Neill  
Molly Talbot  
Robyn Binks  
Karen Darby  
Noelle Rattray  
Maggie Kerr  
Tess Cullen  
Stella Woods  
Robert Feik  
Duane Eaks  
Jenny Rigos  
Michelle Proctor  
Susan Jarrett  
Brian Clark

### **Proxies**

Sheila Stokes to Jeanni Monks  
Julie Day to Jeanni Monks  
Cyndi Walls to Sylvia Wilson  
Noelle Rattray to Sylvia Wilson  
Russell Neill to Christine Rothwell  
Karen Darby to Christine Rothwell  
Maggie Kerr to Christine Rothwell  
Robert Feik to Christine Rothwell  
Narelle Duncan to Christine Rothwell  
Michelle Proctor to Christine Rothwell  
Susan Jarrett to Christine Rothwell  
Molly Talbot to Anita Ings  
Robyn Binks to Anita Ings  
Jenny Rigos to Anne Button  
Brian Clark to Glennys Lawton

[15 proxy votes]

[16]

**Observers:**

Annabelle Chambers

Jo-Anne Cardosi

Marilyn Hillier

Wendy Pleydell-Fry

**Quorum achieved: 14 present + 15 proxy votes = 29 votes** [a quorum is a third of members = 20 as currently 59 financial members]

### **3.0 MINUTES OF PREVIOUS MEETING:**

*'That the minutes of the previous meeting be accepted.'*

Moved Jeanni Monks

Seconded Anne Button

Passed by Consensus

### **4.0 MATTERS ARISING FROM THE 2017 MINUTES**

#### **4.1**

Noted under **Working Guidelines**

Anita Ings suggested that the FAA Exam Board Director send out a letter to students who are about to obtain their FAA Practitioner's Diploma and be given information about the APA and its benefits. Clementine Adkins volunteered to do this by April 30 2017

Deferred to 8.1: Working Guidelines

#### **4.2**

**9.1.3 from 2016 and 4.2 from the 2017 Minutes**

*Motion: "2016 Grant Committee to review/revise guidelines and to come up with ways of promoting the 'grant' system."*

Deferred to 10.1: General Business.

#### **4.3**

**Motion 9.1 [passed] from 2017 minutes: Hand-over of Finances to the New Treasurer**

*That:*

*1. Narelle Duncan as APA Treasurer becomes a signatory to the APA NAB account and main administrator to the APA NAB account.*

2. *Clementine Adkins as retiring Treasurer be removed as a signatory and main administrator to the APA NAB account.*

3. *These actions are to be completed as soon as possible*

**Actioned**

#### **4.4**

##### **Motion 9.2 [passed] from the 2017 Minutes: Wind up of Select-Encompass Credit Union Account**

*That the Select-Encompass Credit Union Account BSB 611 000 Account Number 503011 be closed by signatories Patricia Shepherd and Anita Ings and the funds in the account to be transferred to the NAB Account for the Association of Professional Astrologers BSB: 083-623 Account: 714620244*

Deferred to 9.1: Finances

#### **4.5**

##### **Motion [passed] 9.4 from the 2017 Minutes: Setting up a Fixed Deposit Account**

*That the APA set up a fixed deposit account with NAB and transfer \$20,000.00 into that account.*

Deferred to 9.2: Finances

## **5.0 CORRESPONDENCE**

### **5.1 CORRESPONDENCE IN –**

- General Correspondence
- Numerous Emails/phone calls
- Applications for the APA Exam Scholarships
- Nominations for Committee positions
- Proxy nominations for 2018 AGM
- General Enquiries from the APA website

### **5.2 CORRESPONDENCE OUT –**

- Numerous emails
- General correspondence (plus phone calls)
- Successful candidates for the APA Exam Scholarships notified
- Conference notified
- Bereavement cards

Correspondence accepted by consensus

## **6.0 REPORTS:**

### **6.1 President's Report for 2017 [Page 11 – 12 for the written report]**

*That the President's Report be accepted.*

Moved Jeanni Monks  
Seconded Anita Ings

Passed by consensus

## **6.2 Treasurer's Report for 2017 [page 13]**

*That the Treasurer's Report be accepted.*

Moved Christine Rothwell  
Seconded Anne Button

Passed by consensus

## **7.0 APPOINTMENT OF OFFICE BEARERS AND OTHER POSITIONS for 2018**

**Please note: Elections were not needed, as only one nomination per role received.**

- 7.1** The election of the position of the President for 2018  
Nominated – **Patricia Shepherd**
- 7.2** The election of the position of the Vice-President 2018  
Nominated – **Jeanni Monks**
- 7.3** The election of the position of the Treasurer for 2018  
Nominated – Narelle **Duncan**
- 7.4** The election of the position of Secretary for 2018  
Nominated – **Christine Rothwell**
- 7.5** The election of THREE Committee Members for 2018  
The following members have been nominated.
  - Julie Day**
  - Anne Button**
  - Sagari Menefy**
- 7.6** Appointment of Newsletter Editor: **Narelle Duncan**
- 7.7** Appointment of Web Person: **Kerry Galea**
- 7.8** Appointment of Media Advisor: **Brian Clark**
- 7.9** Appointment of Membership Convener: **Sagari Menefy**

## **8.0 Working Guidelines**

*That the APA create a form letter to send letter inviting all new practitioners to join the APA*

Background information from Anita Ings  
Clementine Adkins [former Exam Board Director] and Anita Ings were working on a letter when Anita realized that the APA website's application forms for membership and associate membership were out of date. 2017 saw a major re-work of these documents that has now been completed so the intention of the original motion can be carried out this year.

Moved Anita Ings  
Seconded Sylvia Wilson

Passed by consensus

## **9.0 FINANCES**

**See page 13 for the Treasurer's Report from Narelle Duncan**

### **Membership Update**

We have one new member from Victoria [Fay Reynolds] and two new associate members from Queensland: Charyn McLean and Pauline Hepburn.

3 members have not renewed yet: one due to ill health, one is not able to be contacted, the other has chosen not to renew.

### **Background to the motions below provided by Anita Ings, Patricia Shepherd and Christine Rothwell**

The role of Treasurer was in transition during 2017 as while Narelle Duncan was elected to the position she had other commitments that meant that she was not fully able to take on the role until the second half of the year. For this reason it was deemed wise to maintain the Select-Encompass account administered by a former treasurer, Anita Ings, while the NAB account set up by Clementine Adkins was transferred to the stewardship of Narelle Duncan. As ANZ is our current treasurer's preferred bank, all previous accounts will be consolidated into new ANZ accounts during 2018.

#### **9.1 Wind up of Select-Encompass Credit Union and NAB accounts**

*That the Select-Encompass Credit Union Account BSB 611 000 Account Number 503011 be closed by signatories Patricia Shepherd and Anita Ings along with the NAB Account for the Association of Professional Astrologers BSB: 083-623 Account: 714620244 [signatories Narelle Duncan and Christine Rothwell] and that the funds in both these accounts be transferred to an ANZ account set up by Narelle Duncan with Christine Rothwell as the second signature.*

Moved Christine Rothwell  
Seconded Jeanni Monks  
Passed by consensus

## **9.2 Setting up a Fixed Deposit Account**

*That the APA set up a fixed deposit account with ANZ and transfer \$20,000.00 into that account.*

Moved Christine Rothwell  
Seconded Glennys Lawton  
Passed by consensus

## **9.3 Airfares for Committee Members**

*That the APA reimburses the agreed travel costs [discounted airfares / petrol costs incurred by driving interstate not taxi or other related costs] of the Committee members attending this meeting from interstate, if they are not being reimbursed by other Associations, in recognition of their contributions to the APA .*

Moved Sylvia Wilson  
Seconded Anne Button  
Passed by consensus

## **10.0 GENERAL BUSINESS**

### **10.1 APA Grant Update Report - Patricia Shepherd**

#### **Summary of the attached report on page 14**

The QFA set up Group Supervision training for seven practitioner members of the FAA to gain the necessary hours of supervision for APA membership and sponsored Glennys Lawton to run the group. The QFA applied for the APA Grant to offset some of the costs for the second weekend of training in April 2017 but it was realized that the APA Guidelines for the APA Grant only provided for an individual member to apply. Glennys Lawton was therefore asked to apply for the Grant to cover some of her costs and was successful but this highlighted the need to change the Grant Guidelines so that a State Association can apply.

#### **10.1.2 *The nominations for the Grant Committee for 2018 are Patricia Shepherd, Narelle Duncan & Jeanni Monks***

Moved Sylvia Wilson  
Seconded Glennys Lawton  
Passed by consensus

**10.1.3 *That a request by a FAA State Association for a funding grant for the provision of group Supervision for prospective Associate Members by an approved APA supervisor be included into the APA Grant guidelines.***

**Rationale:** To encourage FAA State Association to follow the initiative of the QFA.

Moved Sylvia Wilson

Seconded Glennys Lawton

Passed by consensus

#### **10.1.4 Verbal Reports On the QFA Supervision Program**

The QFA in association with Glennys Lawton as Supervisor has now sponsored 3 Group Supervision workshops for 7 FAA Practitioner members who want to gain APA membership. The first session was held in 2016, the second in April 2017 at the home of Julie Day and the third in January 2018, the day before the FAA Conference began. The workshops have been very successful and two participants have already applied for and received Associate Membership of the APA. [Jeanni Monks]

Glennys Lawton commented that the members of the Queensland group have all been very committed and are a joy to work with

Christine Rothwell shared that three Victorian FAA Practitioner members are having Group Supervision with Annette Lowe and the feedback has been positive.

It was suggested that some of the QFA trainees write testimonials for the website.

#### **10.2 Exam Scholarship Program Report - Verbal report from Anne Button**

The successful applicants for the 2017 / 18 Exam Scholarships are:

- Tessa McPeake of NSW for the 2017 Calculation Exam
- Jenny Coad of WA for the 2017 Dynamic
- Jacqui Spencer of Vic for the 2018 Interpretation Exam
- Amanda Dane of Vic for the 2018 Relationship and Specialist Exam

#### **10.3 APA First Time Conference Speaker Sponsorship –Report from Patricia Shepherd [written report on page 16]**

**Sagari Menefy** has been awarded the APA First Time Speaker Conference Sponsorship to speak at the 2018 FAA Conference. Sagari will conduct a session on Circle Work.

**10.4 Professional Development / Mental Health Academy Update:** Verbal Reports from Jeanni Monks and Chris Thomas about their trial of the MHA Academy programs for the APA.

Both Jeanni and Chris received \$349 for 12 months membership of the **Mental Health Academy** to complete the APA training that is outlined in the attached document [pages 17-18] so they could give feedback to the 2018 meeting.

**Jeanni Monks** reported that she is over half way through the units and highly recommends the course as suitable for candidates for APA membership and for APA members seeking professional development.

**Chris Thomas** reported that she has only just started the training due to personal circumstances and will finish by October 2018.

**10.4.1** *That the successful completion of the 38 hours of training from the Mental Health Academy as outlined in the attached document, MHA Units for APA Membership, be accepted as fulfilling the counselling requirement for APA membership.*

Moved Jeanni Monks  
Seconded Christine Rothwell  
Passed by consensus

### **10.5 Standards Committee**

In 2008 a Standards Committee was formed that included Patricia Shepherd, Anita Ings from NSW, Frith Luton, Anne Button, Glennys Lawton from VIC, Sylvia Wilson and Jeanni Monks from QLD. As a number of these members are no longer active on the APA Executive or Committee the following motion is proposed:

**10.5.1** *That when the Standards Committee is mentioned in reference to Membership applications it refers to the current Executive Committee. Should a Standards Committee be required for any other purpose this will include the current Executive Committee and those Fellow and Life Members who wish to serve.*

Moved Sylvia Wilson  
Seconded Glennys Lawton and Michelle Finey  
Passed by consensus

### **10.6 Notification of Members when a vacancy occurs**

*That APA members be notified by email when any APA Committee members resign and Committee positions become vacant and seeking nominations for any vacant positions.*

Moved Chris Thomas  
Seconded Sagari Menefey  
Moved by consensus

### **10.7 Keely Worth's management of our website**

Kerry Galea is our website liaison person and she asked that we acknowledge Keely Worth's wonderful and exceptionally reasonably priced management of our website.

*That the APA President write a letter to thank Keely Worth for her wonderful service*

Moved Kerry Galea  
Seconded Jeanni Monks  
Passed by consensus

### **10.8 One-off subsidy for the FAA Journal**

*The APA approves a one off subsidy of up to \$600 for the trial FAA journal*

Moved Anita Ings  
Seconded Anne Button  
Passed by consensus

### **10.6 Anne Button Fellow Membership**

Anne Button stepped down from the role of APA Vice President in 2017 after 11 years of dedicated service. Fortunately Anne will stay on the APA Committee and oversee the Exam Scholarships but her participation in the APA Executive will be greatly missed because of both her hard work and her amazing people skills. [See pages 19 to 20 for the formal nomination letter and Patricia Shepherd's supporting letter that was read out to the meeting]

*That in recognition of her outstanding contribution to the APA, Anne Button is made a Fellow member.*

Moved Christine Rothwell  
Seconded Glennys Lawton and Brian Clark

Passed by consensus

### **10.7 A Warm Welcome to Fay Reynolds**

Fay Reynolds was granted APA membership in 2017. Fay completed the Astro\*Synthesis training and already had the required hours of counselling training and supervision.

## **11. Date and Place of next Meeting to be advised**

**Meeting closed at 5.24pm**

## PRESIDENTS REPORT FOR 2018 APA AGM

Welcome everyone and thank you for taking the time to attend this, our fourth AGM of the APA Inc NSW. The APA was originally incorporated in ACT on 14 July 2000 so in effect this is actually the APA's 16<sup>th</sup> AGM. A thank you to all those members who were unable to attend this meeting but who made the effort to send their proxies: unfortunately due to time or money constraints we can't always attend these meetings but we can still play an important role and be heard through these proxies.

A huge thank you also to Brian, Barb and the VAA's many helpers for hosting this, the 22<sup>nd</sup> International FAA Conference an event that has been looked forward to for the past two years. International House is a great location close to all things that make these conferences such great events. As well as providing the venue for our astrological community these events provide the only opportunity for our astrological family gatherings. It combines education, professional development and socialization and much, much more.

2017 has seen a few changes in the APA with the resignation of Anne Button as Vice President. Anne has been an invaluable help, as with charm and grace, she has smoothed many a rough edge from this Scorpio lady. Thankfully Anne remains on the committee and will still head the Exam Scholarship program.

Jeanni Monks swaps roles with Anne and goes from Committee Member to Vice President. The APA is fortunate to have a woman of Jeanni's caliber and experience. Jeanni has performed on many committees and is a Fellow Member of the FAA, past President of the QFA as well as current Exam Board member.

Greg Clare has also resigned from the Grant Committee. Greg's help this past year during the Grant Committee's first application was immense. He helped navigate us through the process making sure 'due diligence' was observed. Thanks for your input Greg. Jeanni Monks as Vice President now steps into the role.

**On the matter of 'The Grant'** Glennys Lawton takes the honor of being the first recipient. At a QFA initiative Glennys has been providing supervision over a number of years to some of its members who are interested, not only in becoming APA members, but also because of the valuable experience it provides them personally and professionally. Please make welcome those observers you see here today, all of whom belong to this supervision group. Most are keen to apply for APA Associate Membership in the near future. A very successful result I would think.

So successful in fact that the APA has recently approved two Associate Memberships from this group and would like to welcome Pauline Hepburn and Charyn Mclean who become the first to apply.

I extend the warmest of welcomes to our newest member Fay Reynolds of Victoria who will be presented with her APA Membership Certificate today. Fay is highly regarded by those that know her and will be a welcome addition to our membership.

Due to the possible influx of new members all APA Membership Applications and Information, both Professional and Associate, were updated. This was no mean feat and would not have been possible without the input of Anita Ings whose generosity with both her time and knowledge, we are eternally grateful for.

This was a great opportunity for our new Membership Convener, Sagari Menefy to get a handle on the requisites of prospective members. Sagari is now well versed in the role and has become another valuable addition to those that work on behalf of the APA.

**The APA Exam Board Scholarships** are increasing in popularity and it has become an extremely difficult decision deciding the successful applicants. I can only recommend to those teachers whose students were unsuccessful to encourage them to reapply next time. Anne Button will report shortly.

**APA First Time Sponsored Speaker** was awarded to Sagari Menefy of NSW. Entitled *“Circle on the Floor” this is a unique, contemporary method of working with the traditional birth chart, offering an opportunity for those people both inside and outside to the Circle to directly experience the planetary influences at work*”. Sagari’s lecture is on Saturday at 1:45pm for those that wish to attend.

It was a good year for Sagari as her student Toni Taggert is the recipient of the **2018 Student Conference Scholarship**. Toni studied with Ray Factor in the early 1990’s and after recently relocating to Bega began her studies with Sagari. Toni has passed three modules of the FAA Exams and hopes to sit the Specialist/Relationship exams this year. With a Bachelor of Social Science Degree, majoring in Counselling from Southern Cross University, Toni is aspiring to APA membership.

The APA members can be extremely proud of its contribution not only to its members through the \$75 Conference Subsidy, The Grant and APA First Time Sponsored Speaker but by also encouraging the professionalism of astrology in the community through APA Exam Board Scholarships and Student Conference Scholarship. The APA is a Not for Profit organisation and this is what your fees support.

To administer these various Sponsorships/ Scholarships/updates and general business of the association is a very dedicated committee who juggle partners, work, home, children, their own health, aging parents, and the everyday events life throws, and still find the time to support this association of ours. To you I say thank you, your efforts are always noticed and never taken for granted. This also extends to those past committee members whose very presence and support provides a foundation we continue to rely on.

Raise your glasses on Friday 19<sup>th</sup> January at 5 30pm, as in lieu of a Professional Development segment, members are invited to the APA Cocktail Party, joining the APA Committee, the speakers and the delegates for pre-dinner drinks to debrief and unwind from the day.

Take care  
Patricia



**Association of Professional Astrologers INC 1400033**  
**Receipts and Expenditure 2016-2017**  
**Balance Sheet as of 31<sup>st</sup> October 2017**

**1/11/16 – 31/10/17**

**RECEIVED**

Interest (Select CU)	8.84
Membership fees (Select CU)	180.00
Membership fees (NAB)	<u>3,635.00</u>

**Total Received** **3,823.84**

**EXPENDED**

Donation (A&T Kaio trust fund)	500.00
FAA 2018 conf – 1st time speaker	999.00
Exam Scholarships	1,000.00
Website maintenance	177.50
APA Grant	500.00
AGM Airfares	520.85
NSW Fair Trade	44.00
MH Training Course	698.00
FAA Exam Board Fees	<u>800.00</u>

**Total Expended** **3,176.50**

**Opening balance (NAB)** **10,325.00**

Plus Received 3,635.00

Less Expended 3,176.50

**Balance** **10,783.50**

**Opening balance (Select CU)** **20,018.78**

Plus Received 188.84

Less Expended 2,062.85

**Balance** **18,144.77**

**ASSETS**

Cash (Select CU Merrylands NSW) 18,144.77

Cash (NAB Drysdale VIC) 10,783.50

**Total Cash Assets** **28,928.27**

Liabilities Nil

Equity 28,928.27

**Total Assets and Liabilities** **28,928.27**

**Narelle Duncan, Treasurer, 6 December 2017**

## APA Grant Update for APA AGM 2018

From Patricia Shepherd

**In 2010** a motion was moved and carried *“That a maximum grant of \$500 be made available each year for the purpose of furthering the professional interests of the APA membership. Details of the conditions applicable to the grant to be worked out by APA committee/ subcommittee.”*

**At Melbourne in 2012** a sub committee was set up to develop guidelines and report back to the APA Committee. This sub committee consisted of Patricia Shepherd, Frith Luton, Greg Clare, Sylvia Wilson and Brian Clark. An enormous amount of time and effort was spent producing documentation worthy of a Grant of many thousands of dollars. This is the main was due to Rainer who was helped and hindered by the others.

**In Sydney 2013** the APA Grant Guidelines and Application Form were approved and made available on the APA website. A Grant Committee was formed that includes one member of the APA Executive plus 2 other APA members. These were Anne Button, Greg Clare and Patricia Shepherd.

**Hobart 2014** a motion was moved and carried to increase the current \$500 annual Grant to \$1000 every second year, beginning in 2014. The rationale behind this was to attract applicants as \$500 may have been too low. There had been no applicants to date.

**Melbourne 2015** a motion was moved and passed that the APA Grant include provision for subsidizing supervisor training and for this to go into the Working Guidelines.

**2016 Sydney** The APA Grant

Since its inception the Committee has never received an application or indeed a query for The Grant. The amount was raised from \$500 annually to \$1000 biennially in the hope of attracting some interest.

This grant is offered to encourage the sharing of APA member’s wide and diverse expertise and promote projects that enhance the standing and professionalism of astrology in the wider community. Narelle Duncan joins the existing committee of Anne, Greg and Patricia and this committee is asked to review/revise guidelines and to come up with ways of promoting the ‘grant’ system.” This will be continue to be a WIP.

**2017 Brisbane** *As there continues to be no applications for the APA Grant, the Grant Committee in conjunction with the APA Executive will examine how A.P.A. funds can be used for professional development.* From this discussion 2 members Christine Thomas and Jeanni Monks were subsidized to trial 37 chosen units from the Mental Health Academy as to their suitability for the counselling requirements for APA membership.

During 2017 an application for \$500 Grant was approved Glennys Lawton

**On the matter of ‘The Grant’** Glennys Lawton takes the honor of being the first recipient. At a QFA initiative Glennys has been providing supervision over a number of years to some of its members who are interested, not only in becoming APA members, but also because of the valuable experience it provides them personally and professionally. Please make welcome those observers you see here today, all of whom belong to this supervision group. Most are keen to apply for APA

Associate Membership in the near future. A very successful result I would think as Charyn and Pauline can attest to.

### **Melbourne 2018**

With Greg Clare and Anne Button resigning Jeanni Monks joins the committee of Patricia and Narelle

*10.1.3 That a request by a FAA State Association for a funding grant for the provision of group Supervision for prospective Associate Members by an approved APA supervisor be included into the APA Grant guidelines.*

### **Types of projects the APA is seeking to support with this Grant**

The advancement of professional astrology in Australia has many facets, many of which the APA may never be able to fully support. This Grant offers the possibility of individual members applying their creativity and expertise to filling some of these gaps.

‘Professional astrology’ includes, but is not limited to, how each member conducts their own astrology practice, including: business administration systems, marketing and advertising, counseling skills, teaching skills, research skills, integration with other modalities, public speaking or media interaction, and legal and taxation platforms.

Potentially, this Grant could be used to support the APA membership in any of these areas.

The project could produce a document, an eBook, an electronic document or file, or a lecture or lecture notes. It could be a piece of research relevant to the entire membership, or ‘how to’ guidelines for improving an aspect of an astrologer’s practice in one of the above-mentioned areas.

Preference may be given to projects that have a longer-term value, or that form part of a library of resources available to APA members.

## **SAGARI MENEFY APA FIRST TIME SPONSORED SPEAKER 2018**

It is with great pleasure that I announce Sagari Menefy as the successful applicant of the 2018 APA First Time Sponsored Speaker. Sagari hails from Quaama on the South Coast of NSW and has been studying astrology since the early 80's first in New Zealand and then Australia.

Gaining her FAA Practitioners certificate in 1994 Sagari became an APA member in 2006 and began teaching astrology classes on the South Coast 10 years ago. The lecture titled "Circle on the Floor" is a direct experience of the planetary influences at work within, and on, a birth chart. Sagari learnt this method, along with some recognised names in astrology, in the 80's with Satyam Nicholls.

Over the years, Sagari has used Circle Work in both one-on-one sessions and in group, class situations; with clients and students ranging from complete novice to very experience astrologers. Each time Circle Work takes the traditional Birth Chart and beautifully transforms it into an easily visible and accessible form.

Along with astrology, eastern spirituality and meditation have been a big part of her life in the past 35 years, and recently Sagari reconnected back to her Quaker roots.

I know you join with me in congratulating Sagari on her successful application and look forward to this her first FAA conference lecture.

Patricia Shepherd  
APA President

## **Mental Health Academy Units for APA Membership**

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The MHA units required to fulfill the APA counselling criteria when applying for membership include the following 31 hours of General Units plus the 7 hours of Video Units listed below.

### **Mental Health Academy**

47 Baxter Street  
Fortitude Valley  
QLD 4006 Australia

[www.mentalhealthacademy.com.au](http://www.mentalhealthacademy.com.au)

Phone: +61 7 3112 2090

Facsimile: +61 7 3257 7195

ABN: 66 349 813 957

Email: [admin@mentalhealthacademy.com.au](mailto:admin@mentalhealthacademy.com.au)

### **General Units required – at least the 31 hours listed**

1. Counselling Micro Skills – Level 1 – 1 hour
2. Introduction to Solution Focused Therapy – Level 1 1 hour
3. Introduction to Person Centred Therapy - Level 1 – 2 hours
4. Transference and Projection – Level 2 - 2 hours
5. Principles of Psychosynthesis a) Level 1 – 2 hours
6. Working with Sub personalities b) Level 2 – 2 hours
7. Understanding Will c) – Level 1 – 2 hours
8. Working with Will in the Therapy Room d) Level 2 – 2 hours
9. A Constructive-developmental Approach in Therapy e) - Level 2- 2 hours
10. Constructive Development Approach Case Studies f) – Level 3 – 3 hours
11. Introduction Cognitive Behaviour Therapy – Level 1 – 2 hours plus (see Video CBT Myths and Considerations for Beginners 1 hour)
12. Introduction to Behavioural Therapy Level 1 – 1 hour
13. Sitting with Shadow a) – Level 2 – 3 hours
14. Client, Meet your Shadow b) – Level 3- 2 hour

15. Working with Shadow c) – Level 3 – 2 hours
16. Helping Clients Deal with Relationship Breakdown – Level 1 - 1 hour
17. Helping Clients with Loss and Grief –Level 1 – 1 hour

**Video Units – at least the 7 hours listed below**

1. Reducing Ambivalence in the Therapeutic Relationship 1hour
2. Counselling and the Counselling Process 1 hour
3. CBT Myths and Considerations for Beginners 1 hour
4. Interweaving Narrative and Cognitive Approaches to Therapy 1 hour
5. Therapies In-Action 2 hours
6. Your Supervision Question 1 hour

**APA Fellow Membership Nomination for Anne Button  
For the 2018 AGM**

Dear Committee

I am formally nominating Anne Button for Fellow Membership of the APA Inc. in recognition of her many years of outstanding service to our organization as well as to the study and practice of astrology in Australia. Anne has been a tremendous asset to the APA as well as the wider astrological community through her involvement in the APA and earlier through her involvement on the VAA Committee and Executive.

Anne has worked quietly behind the scenes for many years to further the aims of all these organizations and promotes and upholds the ethics of the APA and FAA to the highest standard. Her genuine warmth, quiet efficiency, and unwavering reliability and willingness to listen to all sides of any issue have made her a tremendous asset for our organization and her absence from the Executive will be keenly felt.

Anne joined the APA committee in 2006, coming straight into the role of Vice President, a role she has held for 11 years. Anne has served two Presidents: Glennys Lawton and Patricia Shepherd, and has played an active role in the work of the Executive. Besides her duties as a superlative VP and support to both Glennys and Patricia, Anne has also represented the APA at the FAA National Council since 2008, has been a member of the APA Grant Committee and in recent years has overseen the work of the Exam Scholarships.

Her tireless work over a sustained period of time has been of the greatest value to the APA providing a firm foundation and we believe that Anne is more than deserving of Fellow Membership.

Moved: Christine Rothwell

Seconded: Glennys Lawton & Brian Clark

**Supporting letter from Patricia Shepherd for Anne Button's nomination as an APA Fellow**

I started my presidency at the Sydney APA AGM in January 2008 taking over from Glennys Lawton who had fulfilled the role for 6 years. Under Glennys's leadership the APA gained its Public Indemnity Insurance making it one of the only countries in the world to have attained it. The legacy Glennys left was a healthy and respected association.

I inherited Anne as she was Vice President for Glennys as well, and as such was part of the team that included Anita and Sylvia, who were instrumental in establishing the best practice guidelines in our association. As is most inheritances, Anne was a wonderful, unexpected gift and she quickly became my right hand, my wing woman. As I struggled to find a footing in my new role (I had big shoes to fill) Anne's behind the scenes presence and support provided a reassuring balm. Her charm, grace and Taurean nature has always been a foil for my blunt Scorpio touch. "Oh Patricia" Anne would say "perhaps instead of saying arse you could say posterior". You get my drift. There has been a changing of the guard occurring over the past ten years and the APA has seen the positions of Secretary, Treasurer and Committee change. The one constant has been Anne and this year, if it were a marriage, is our Silver Anniversary. Thankfully Anne does not leave us totally

but moves to a place on the committee and as with most that have held Executive positions in the APA, has indicated she will continue to provide all help and support should it be required.

Thank you Anne for being just who you are, beautiful.

Patricia